

*"Everything you want is coming.  
Relax and let the Universe pick  
the timing and the way." —Abraham*

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**6 ways to align with what  
the Universe is flowing to you**

## 1 What's the easy way?

*"The Universe knows the perfect timing for all those things you want...and will find, through the crack of least resistance, the best way to deliver it to you."*

—Abraham

**Whatever the Universe is flowing to you is the easy way—the path of least resistance.**

## 2 What feels good?

*"You cannot have a happy ending to an unhappy journey." —Abraham*

The Universe wants to flow a happy journey to you and a happy ending. But you have to do your part and get in a good-feeling place.

We live in a vibrational Universe. The Universe is responding to the vibrational frequency you are emitting and the Law of Attraction is lining up similar frequencies.

**Whatever the Universe is flowing to you feels good.**

## 3 What's downstream?

*"Let go of the oars...everything you want is downstream." —Abraham*

- Letting go of the oars means letting go of needing to figure it all out right this minute and make a 100-item To Do list.
- Letting go of the oars means letting go of efforting, micromanaging, and controlling.

**Whatever the Universe is flowing to you is downstream.**

## 4 What does your intuition say?

Are you tapping into your own intuition? Are you paying attention to the intuitive spark of a great idea or a sudden insight? *Oh, this is what to do next!*

Looking outside yourself is not the way to tap into what the Universe is flowing to you. You have your own best guidance.

**Whatever the Universe is flowing to you is revealed through your own intuition.**

## 5 What are the signs?

Are you paying attention to signs from the Universe? Or have you opted out of serendipity and synchronicity because you're too busy to pay attention to what's flowing your way?

When you're tuned in, you're open to the signs. You connect the dots, making intuitive leaps that feel good and move your manifestation forward.

**Whatever the Universe is flowing to you has signposts all along the way.**

## 6 What's the inspired action?

*Inspired action is energy-giving, not energy-draining, and has a flow to it.*

One step leads easily and effortlessly to the next step or next idea. It's as if the Universe has left a breadcrumb trail and all you have to do is follow it.

**Whatever the Universe is flowing to you will lead to inspired rather than forced action.**